

Skin Instant Lab®

The Skin Instant®

The profound difference in the Biologique Recherche approach lies in its “out-of-the-box” vision of the skin, which treats it not as a static entity but as “Skin Instants®”.

Our skin is a reflection of ourselves. A person has not one but several skins. Our skin’s condition changes several times a single day as well as during the course of our lifetimes.

No two people’s skin is the same. Everyone has different Skin Instants® which can evolve during the course of one day. The artificial categorization of skins as normal, dry or oily provides a poor physiological definition of a skin’s condition and only gives a stationary image of the epidermal cosmetic imbalances. The same epidermis can present both balanced and dehydrated areas as well as hypersecretion of sebum simultaneously. Inappropriate treatment can cause further imbalance or reactivate previous disorders. For example, inadequate skin hydration can be caused by a product that is too aggressive for so-called oily skin. A too-rich or non-comedogenic product used on apparently balanced skin but hyperseborrheic in the past can induce a relapse of this type of imbalance.

Many external factors such as climate, temperature, air-conditioning, tobacco, pollution, and internal factors like stress, sex hormones, lifestyle and age, interact on the skin. The Biologique Recherche Methodology therefore addresses the skin in terms of each of these factors and changes in them.

These variations make choosing the right product tricky as it must take all these factors into account and therefore cannot always be identical. Biologique Recherche professionals are trained to analyze these variables and advise men and women on the treatment that is best suited for their particular Skin Instant®.

Skin Instant Lab®, a unique system for monitoring Skin Instant® changes over time.



A pillar of the Biologique Recherche Methodology

Skin Instant Lab® is a unique system for analyzing, diagnosing and prescribing products and treatments.

During the first consultation, the Biologique Recherche expert carries out an in-depth dermocosmetic diagnosis to identify specific Skin Instant® problems.

This consultation involves three main steps:

1. A Cosmetological Evaluation of the Skin

This evaluation is based on an initial visual diagnosis by our expert and a dermocosmetic questionnaire.

2. A series of very Rigorous Measurements using *Skin Instant Lab*®

Skin Instant Lab® consists of five probes connected to a computer equipped with diagnosis and analysis software specially developed by Biologique Recherche.

These measurements are used to determine:

- Moisture Content, measured by corneometry.
- Insensible Water Loss (IWL) also known as Transepidermal Water Loss (TRWL), the measure of the efficiency of the lipid barrier.
- Skin Elasticity or the skin's ability to regain its original shape after distortion, measured by cutometry.
- Skin Melanin Index, an "absorption" measurement to monitor changes in pigmentation marks.
- Sebum Content, measured by photometry.

3. An adapted and evolutive recommendation over time

Based on the expert's dermocosmetic analysis, the objective measurements and the 14 responses to the questionnaire, Skin Instant Lab® connected to Biologique Recherche database will offer a selection of Biologique Recherche products and treatments perfectly adapted to the Skin Instant®.

A personalized dermocosmetic file will also be provided containing all the data, the results of the measurements, the questionnaire responses and the product and treatment recommendations.

The data will be kept in a personalized history, monitoring the changes in the Skin Instants® over time so that recommendations can be dynamically adjusted to build an objective long-term treatment program.